

# INDEPENDENT LIVING CENTERS

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Independent Living Centers (ILCs) are community-based, independent nonprofit organizations that are run by and for individuals with disabilities. They provide services that help those with disabilities lead independent, productive, and meaningful lives.

## What services do ILCs provide?

All ILCs provide a core set of services geared toward promoting equal access, self-advocacy, personal growth, peer role modeling, and empowerment. These core services include:

- Peer counseling and support
- Independent living skills training:
  - Budgeting
  - Meal preparation
  - Transportation arrangement
  - Job search
  - Self-advocacy
- Information and referral services
- Individual and systems advocacy

## Other services provided:

- Housing assistance
- Assistance with benefits and entitlements
- Help overcoming communication barriers
- Non-clinical personal counseling
- Help obtaining, using, repairing, and maintaining assistive equipment
- Voter registration assistance
- Disability awareness training
- Training and workshops on disability issues and laws
- Development of Plans to Achieve Self Support (PASS) for SSI/SSDI public assistance
- Community-specific training and services

# INDEPENDENT LIVING CENTERS



Call your local ILC to find out what services they provide:

## THE BRONX

Bronx Independent Living Services, Inc.  
4419 Third Avenue, Suite 2C  
Bronx, NY 10457  
(718) 515-2800  
TTY: (718) 515-2803  
Videophone: (866) 426-8059  
[www.bils.org](http://www.bils.org)

## BROOKLYN

Brooklyn Center for Independence  
of the Disabled  
27 Smith Street, Suite 200  
Brooklyn, NY 11201  
(718) 998-3000  
TTY: (718) 998-7406  
[www.bcid.org](http://www.bcid.org)

## MANHATTAN

Harlem Independent Living Center  
4289 St. Nicholas Avenue, Suite 21  
New York, NY 10027  
Toll Free: (800) 673-2371  
(212) 222-7122  
TTY: (212) 222-7198  
Videophone (646) 755-3092

## MANHATTAN

Manhattan Center for  
Independence of the Disabled  
841 Broadway, Suite 301  
New York, NY 10003  
(212) 674-2300  
TTY: (212) 674-5619  
Videophone (646) 350-2681  
[www.cidny.org](http://www.cidny.org)

## QUEENS

Queens Center for Independence  
of the Disabled  
80-20 Kew Gardens Road,  
Suite 107  
Kew Gardens, NY 11415  
(646) 442-1520  
TTY: (718) 866-0428  
Videophone: (347) 905-5088  
[www.cidny.org](http://www.cidny.org)

## STATEN ISLAND

Staten Island Center for  
Independent Living  
470 Castleton Avenue  
Staten Island, NY 10301  
(718) 720-9016  
TTY: (718) 720-9870  
[www.siciliving.org](http://www.siciliving.org)