

# SELF-DIRECTION



In New York State, people with intellectual or developmental disabilities can use funding from the NYS Office for People with Developmental Disabilities (OPWDD) to purchase Self-Directed Services, instead of enrolling in traditional programs run by service agencies. You can read more about self-direction here: [www.opwdd.ny.gov/selfdirection](http://www.opwdd.ny.gov/selfdirection)

To schedule a self-direction information session, contact one of the self-direction liaisons in your borough.

## Self-Direction Liaisons

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