



REAL CONVERSATIONS ON PARENTING AND DISABILITY

# WHEN EMERGENCIES HAPPEN



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## **My Emergency Plan Guide**

<https://on.nyc.gov/2IOIVq5>

Ready New York: My Emergency Plan is a workbook designed to assist New Yorkers with disabilities or access and functional needs create an emergency plan. My Emergency Plan walks users through establishing a support network, capturing important health information, planning for evacuation, and gathering emergency supplies. First responders or caregivers can also use the workbook to help people during an emergency.

## **Ready NY Website**

[www.nyc.gov/readyny](http://www.nyc.gov/readyny)

Ready New York is NYC Emergency Management's public education campaign. Through the program, you can learn about the hazards you may face in New York City and prepare for all types of emergencies by writing an emergency plan, choosing a meeting place, gathering supplies for your home, and preparing a Go Bag in case you need to leave your home in a hurry.

## **DAFN Website**

<https://on.nyc.gov/2MLHnhU>

People with disabilities or access and functional needs must take additional steps when making a plan to be prepared. This website has tips, resources, and FAQs about communicating during an emergency, critical supplies, evacuating, sheltering, and more. Also, learn how to sign up for emergency notifications from Notify NYC.

## **Contact**

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Join us for monthly series of live streamed, interactive online workshops on a wide variety of disability topics.

Below is an archive of all of our past episodes with resources you can use to follow along.

[You can also register for an upcoming episode here.](#)



Bodies, Curiosity, and Touching For Parents of Young Children  
[Video](#) | [Resources](#)



Charter Schools and Students with Disabilities  
[Video](#) | [Resources](#)



Specialized Programs for Students with Disabilities  
[Video](#)



Inclusion Programs for District 75 Students  
[Video](#) | [Resources](#)



Turning 18 and Supplemental Security Income (SSI)  
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Puberty, Sexuality, and Behavior: How to Guide Young People with Disabilities  
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Disability vs. Language Barrier for English Language Learners  
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Positive Supports for Young Children with Challenging Behaviors  
[Video](#) | [Resources](#)



Applied Behavior Analysis (ABA) for Infants and Toddlers with Autism  
[Video](#) | [Resources](#)



How to Talk to Your Child About Bullying  
[Video](#) | [Resources](#)



From School to Work  
[Video](#) | [Resources](#)



Supported Decision Making - Alternative to Guardianship  
for People with Disabilities  
[Video](#) | [Resources](#)



How to Get Assistive Technology on Your Child's IEP  
[Video](#) | [Resources](#)



Moving from Early Intervention to Preschool Services  
[Video](#) | [Resources](#)



Autism & Wandering  
[Video](#) | [Resources](#)



Accessibility for Young People with Disabilities  
in NYC Schools  
[Video](#) | [Resources](#)



Life planning for families of loved ones with disabilities  
[Video](#) | [Resources](#)



Kindergarten for Children with Autism Spectrum Disorder  
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Student-led Individualized Education Program (IEP) Process  
[Video](#) | [Resources](#)



Get the special education Services you want  
through mediation  
[Video](#) | [Resources](#)



Discover how accessible reading materials work  
for students with disabilities  
[Video](#) | [Resources](#)



Ask an Expert: Special Education  
[Video](#)



Independence & Travel Training  
[Video](#) | [Resources](#)



love, equity, & access for young people with disabilities

Is your child **struggling** in school?

Does your child have  
**special needs** or an **IEP**?

Do you have questions about your  
young person with a **disability**?

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**WE CAN HELP FOR FREE**

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INCLUDEnyc provides one-to-one help, information resources,  
and workshops on topics that are important to you, **at no cost.**

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**CALL US**  
(212) 677-4660



**TEXT US**  
(646) 693-3175



**VISIT INCLUDEnyc.org**  
FOR INFORMATION  
AND UPCOMING WORKSHOPS



amor, equidad, y acceso para jóvenes con discapacidades

¿Su hijo **tiene problemas** en la escuela?

¿Su hijo tiene un **IEP**  
(Programa de Educación Individualizada)?

¿No sabe cómo ayudar a su hijo con  
**necesidades especiales?**

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**NOSOTROS LO PODEMOS  
AYUDAR GRATUITAMENTE**

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INCLUYEnyc proporciona ayuda individualizada, recursos de información,  
y talleres gratuitos sobre temas que son importantes para usted.

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**LLÁMENOS**  
(212) 677-4668



**ENVÍE UN MENSAJE DE TEXTO**  
(646) 693-3157



**VISITE INCLUYEnyc.org**  
INFORMACIÓN, RECURSOS Y TALLERES